

Date:21.04.2020
Hyderabad.

To,
The Dean,
Malla Reddy Medical College for Women,
Suraram,
Hyderabad.

From,
MEU Coordinator,
Malla Reddy Medical College for Women,
Suraram,
Hyderabad.

Sub: Request to conduct “**Yoga and Heath**” course.

Respected Madam,

We are planning to conduct a value added course titled “**Yoga and Heath**” for 2019 Batch I year MBBS students from May 14th-16th 2020. The details of the program are as follows,

Resource Persons:

1. Dr. B. VenkataRamana, Professor and Head, Department of Orthopaedics, MRMCW
2. Dr D Rajashree, Professor and HOD, Department of Physiology, MRMCW
3. Ms Devi Sree, Yoga Trainer, MRMCW

Venue – Online platform

Date –May 14th-16th 2020

Time – 09:00 am – 04:00 pm

We kindly request you to grant permission for the event and provide the necessary support.

Thanking you,

Yours sincerely,


MEU Coordinator





Principal / Dean
Malla Reddy Medical College for Women

MRMCW/Circulars/WVAC/19/20/April-01

Date:22.04.2020

CIRCULAR

A value-added course on “**Yoga and Health**” will be conducted in Malla Reddy Medical College for Women from May 14th-16th 2020 for 2019 batch MBBS I year students. The course would be conducted using an online platform. Batch in-charges to inform the students and reschedule classes and postings. Students have to register with the program coordinator Dr.B. Venkata Ramana, Professor and Head, Department of Orthopaedics, MRMCW

Resource persons:

1. Dr. B. Venkata Ramana, Professor and Head, Department of Orthopaedics, MRMCW
2. Dr D Rajashree, Professor and HOD, Department of Physiology, MRMCW
3. Ms Devi Sree, Yoga Trainer, MRMCW

Venue – Online platform

Date – May 14th-16th 2020

Time – 09:00 am – 04:00 pm

Copy to:

1. Circulation in student’s classroom
2. All HoDs
3. Notice board
4. PA to Principal for filing




Principal/Dean

Principal / Dean
Malla Reddy Medical College for Women

Brochure



VALUE ADDED COURSES

YOGA AND HEALTH



Course Coordinator Dr. B. VENKATA RAMANA ,
Professor & HOD of Orthopaedics.

For 2019 Batch MBBS I Year Students

Organized by
Department of Orthopedics



May 14th-16th 2020

TIME: 9:00 AM TO 4:00 PM

Venue : Lecture Hall, Ground floor,
Malla Reddy Medical College For Women
Suraram, Hyderabad - 500055.

Website : www.mrmcw.edu.in



A handwritten signature in green ink, appearing to be 'S. Sankar Reddy'.

Principal / Dean
Malla Reddy Medical College for Women

Yoga and Health

COURSE OBJECTIVES	<p>At the end of the course the student should be able to achieve the following objectives:</p> <p>Course objectives:</p> <ul style="list-style-type: none"> To bring balance into the body physically, mentally and emotionally. <p>Specific objectives:</p> <ul style="list-style-type: none"> To enable the student to have good health. To practice mental hygiene. To possess emotional stability.
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COURSE SYLLABUS

Module	Syllabus
MODULE 1	<ul style="list-style-type: none"> Introduction and overview
MODULE 2	<ul style="list-style-type: none"> Pranayama & Ashtanga yoga
MODULE 3	<ul style="list-style-type: none"> Meditation and karma yoga

COURSE OUTCOME

COURSE OUTCOME	<p>The students should be able to have:</p> <ul style="list-style-type: none"> Knowledge of Yogic practices Ability to demonstrate the practices
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Co-ordinator




Principal / Dean
Malla Reddy Medical College for Women

**Yoga and Health
Program Schedule**

Time	Program	Faculty
Day1 (14.05.2020)		
9am-9:30am	Registration, Pre- test	MEU Members
9:30am to 10 am	Inauguration, Welcome Address	Dean, Vice Principal Academics, Medical Superintendent
10am-11:00am	Introduction to the course, importance of yoga in life	Dr B. Venkata Ramana
11:00am to 11:15am	Tea Break	
11:15pm to 1pm	Meditation in life	Dr D Rajashree
1pm-2pm	Lunch Break	
2pm-4 pm	Practical demonstrations and hands-on experience on meditation	Ms Devi Sree
Day2 (15.05.2020)		
9am-9:30am	Recap	MEU Members
9:30am to 11am	Bends and twists	Dr B. Venkata Ramana
11:00am to 11:15am	Tea Break	
11:15am to 1:00pm	Karma yoga and its significance	Dr D Rajashree
1pm-2pm	Lunch Break	
2pm-3 pm	Practical demonstrations on yogic postures	Ms Devi Sree
3 pm - 4 pm	Interaction with students and clarifications	All resource persons
Day 3 (16.05.2020)		
9am-9:30am	Recap	MEU Members
9:30am to 11am	Pranayama & ashtanga yoga	Dr D Rajashree
11am to 11:15am	Tea Break	
11:15am to 1pm	Standing poses, arm balances	Dr B. Venkata Ramana
1pm-2pm	Lunch Break	
2pm to 3pm	Mantra meditation session	Ms Devi Sree
3pm to 4pm	Reflections, Feedback, Post Test, valedictory	MEU Members



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Date:19.05.2020

Summary report on
“YOGA AND HEALTH”

Yoga brings the body and mind together and is built on three main elements – movement, breathing and meditation. Yoga has many physical and mental health benefits including improved posture, flexibility, strength, balance and body awareness. Researchers have discovered that the regular practice of yoga may produce many health benefits, including increased cardiovascular fitness, improved muscular strength and normalization of blood pressure. Yoga is a renowned antidote to stress and promotes improved sleeping patterns. Being young, the students should know the importance of yoga, and how it can improve the health of an individual, taking the concept of holistic medicine into consideration.

Course coordinator:

Dr.B. VenkatRamana: Professor & HOD in Department of Orthopedics, Malla Reddy Medical College for Women, Suraram

VENUE: Online platform

DURATION: 21 hours

TIME: 09:00 am – 04:00 pm

DATE: May 14th-16th 2020

NUMBER OF PARTICIPANTS: 75 students from 2019 batch I year MBBS

Resource persons:

Dr B Venkata Ramana, Professor and HOD in the department of Orthopaedics, MRMCW, has a special interest inculcating yoga practices in the young students as a part of holistic medicine, and served as the key resource person. He was supported by two other enthusiastic yoga practitioners in daily life, Dr D Rajashree (Professor & HOD, Department of Physiology at MRMCW) and the yoga trainer for students, Ms Devi Sree.



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YOGA AND HEALTH

Course Code:WVAC-19/20-01

Date:May 14th-16th 2020

Time: 9:00 am-4:00 pm

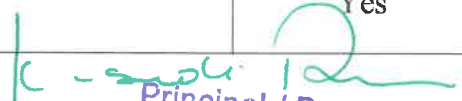
Venue:Online platform

Total Students Registered:75 students from 2019 batch I year MBBS

S.NO	REGISTERED NUMBER	NAME OF THE STUDENT	REGISTERED
1.	1901020001	AdimulamLaxmiPriyanka	Yes
2.	1901020002	Afsha Begum	Yes
3.	1901020003	AinalTejaswini	Yes
4.	1901020004	AkulaSamyuktha	Yes
5.	1901020005	AlagadapaPriyanka	Yes
6.	1901020006	AluruChetana	Yes
7.	1901020007	AmalkarAditi Anil	Yes
8.	1901020008	Ananya Reddy Modulla	Yes
9.	1901020009	AnoushkaShinde	Yes
10.	1901020010	AparnaMusunuru	Yes
11.	1901020011	Ashmitha Mishra	Yes
12.	1901020012	Ayesha Begum	Yes
13.	1901020013	Ayesha Firdous	Yes
14.	1901020014	B SreeGayathri	Yes
15.	1901020015	BandariMadhuPriya	Yes
16.	1901020016	Bandi Uma Sravani	Yes
17.	1901020017	BanothSnehalatha	Yes
18.	1901020018	BasaSrilekha	Yes
19.	1901020019	BathulaNiharika	Yes
20.	1901020020	BellalaVenkataSaiHarshitha	Yes
21.	1901030021	Sunil Kumar, Chintalapati Municipality, Jeedimella, Hyderabad - 500 055.	Yes




22.	1901020022	Bhavani Desai	Yes
23.	1901020023	BhimanapatiNavya Reddy	Yes
24.	1901020024	BodduSaiHarshini	Yes
25.	1901020025	Bollimunthala V R HarshaVardhini	Yes
26.	1901020026	BolluShireesha	Yes
27.	1901020027	BorraNiharika	Yes
28.	1901020028	BosukundaSrivenya	Yes
29.	1901020029	BottaSinduPriya	Yes
30.	1901020030	C Yuktha	Yes
31.	1901020031	ChallaSamskruthi	Yes
32.	1901020032	ChennaGouniYeshasri	Yes
33.	1901020033	ChittaluriMadhurima	Yes
34.	1901020034	ChouratVaishnavi	Yes
35.	1901020035	DarishettySonali	Yes
36.	1901020036	DasariSahithya	Yes
37.	1901020037	DegalaSravya	Yes
38.	1901020038	DhagayMeghana	Yes
39.	1901020039	DhulipallaSunayana	Yes
40.	1901020040	DubbaKalpana	Yes
41.	1901020041	E RaginiShakya Reddy	Yes
42.	1901020042	ErukullaSiri	Yes
43.	1901020043	G Divya	Yes
44.	1901020044	G Keerthana	Yes
45.	1901020045	G SiriPriya	Yes
46.	1901020046	G Varshini	Yes
47.	1901020047	GaddamTanishqua	Yes
48.	1901020048	Gaini Sri Harshitha	Yes
49.	1901020049	GajanandHarshitha	Yes


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50.	1901020050	GampaPooja	Yes
51.	1901020051	Ganga Saadhvi	Yes
52.	1901020052	GeethikaJetti	Yes
53.	1901020053	GodariIndraja	Yes
54.	1901020054	GollenaDeekshitha	Yes
55.	1901020055	GontlaJayalakshmiSravani	Yes
56.	1901020056	GovindayapalliLaasyaSuhaasi Ram Mohan	Yes
57.	1901020057	GowlikarBhuvana	Yes
58.	1901020058	GudalaEsha Reddy	Yes
59.	1901020059	GudimetlaLikithaGowthami	Yes
60.	1901020060	GundlakuntaPranavi	Yes
61.	1901020061	GuntiNeha	Yes
62.	1901020062	HanushreeGhanta	Yes
63.	1901020063	HarshithaSaiChowdaryGarimalla	Yes
64.	1901020064	JanapalaVenkata Naga SaiPrathima Reddy	Yes
65.	1901020065	JannuNikshiptha	Yes
66.	1901020066	JharnaNagari	Yes
67.	1901020067	K Sampada	Yes
68.	1901020068	K Shiva Nandini	Yes
69.	1901020069	KadasulaSwetha	Yes
70.	1901020070	KadicharlaVadlaYashaswini	Yes
71.	1901020071	KalichettiSrivarsha	Yes
72.	1901020072	KalpanaLavudya	Yes
73.	1901020073	KammariMamatha	Yes
74.	1901020074	KanchamMeghana	Yes
75.	1901020075	KanchamRajamathaTharyi	Yes


Coordinator




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YOGA AND HEALTH

Course Code:WVAC-19/20-01

Date:May 14th-16th 2020

Time: 9:00 am-4:00 pm

Venue:Online platform

Total students completed:74 students from 2019 batch I year MBBS

S.NO	REGISTERED NUMBER	NAME OF THE STUDENT	SUCCESSFULLY COMPLETED
1.	1901020001	AdimulamLaxmiPriyanka	Yes
2.	1901020002	Afsha Begum	Yes
3.	1901020003	AinalTejaswini	Yes
4.	1901020004	AkulaSamyuktha	Yes
5.	1901020005	AlagadapaPriyanka	Yes
6.	1901020006	AluruChetana	Yes
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9.	1901020009	AnoushkaShinde	Yes
10.	1901020010	AparnaMusunuru	Yes
11.	1901020011	Ashmitha Mishra	Yes
12.	1901020012	Ayesha Begum	Yes
13.	1901020013	Ayesha Firdous	Yes
14.	1901020014	B SreeGayathri	Yes
15.	1901020015	BandariMadhuPriya	Yes
16.	1901020016	Bandi Uma Sravani	Yes
17.	1901020017	BanothSnehalatha	Yes
18.	1901020018	BasaSrilekha	Yes
19.	1901020019	BathulaNiharika	Yes
20.	1901020020	BellalaVenkata Sai Hansitha	Yes

Suraram X Road, Quthbullapur Municipality, Jeedimetla, Hyderabad - 500 055.

Tel: 040-64583333, Website: www.mrmcw.org



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21.	1901020021	BhavanaKoka	Yes
22.	1901020022	Bhavani Desai	Yes
23.	1901020023	BhimanapatiNavya Reddy	Yes
24.	1901020024	BodduSaiHarshini	Yes
25.	1901020025	Bollimunthala V R HarshaVardhini	Yes
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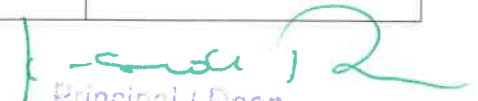


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Coordinator




Principal/Dean
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Suraram 'X' Road, Quthbullapur Municipality, Jeedimetla, Hyderabad -500055, www.mrmcw.org





Certificate of Completion

This to certify that Mr/Ms. Adimulam Laxmi Priyanka of
I year MBBS, bearing roll no: 1901020001, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.


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WVAC-19/20-01

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Certificate of Completion

This to certify that Mr/Ms. Afsha Begum of
I year MBBS, bearing roll no: 1901020002, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. Ainal Tejaswini of
I year MBBS, bearing roll no: 1901020003, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. Akula Samyuktha of
I year MBBS, bearing roll no: 1901020004, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.

[Signature]
Coordinator

S. Sulekha
Principal / Dean
Malla Reddy Medical College for Women

K. N. Susha Ramesh
Principal/Dean



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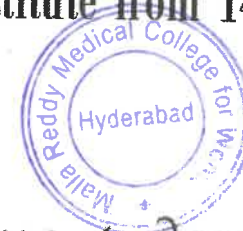
Certificate of Completion

This to certify that Mr/Ms. Alagadapa Priyanka of
I year MBBS, bearing roll no: 1901020005, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.


Coordinator


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Certificate of Completion

This to certify that Mr/Ms. Aluru Chetana of
I year MBBS, bearing roll no: 1901020006, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.


Coordinator


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Malla Reddy Medical College for Women


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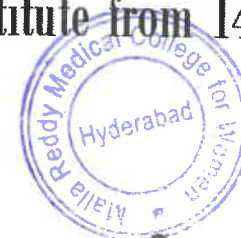
Certificate of Completion

This to certify that Mr/Ms. Amalkar Aditi Anil of
I year MBBS, bearing roll no: 1901020007, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.


Coordinator


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WVAC-19/20-01

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Certificate of Completion

This to certify that Mr/Ms. Ananya Reddy Modulla of
I year MBBS, bearing roll no: 1901020008, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. Anoushka Shinde of

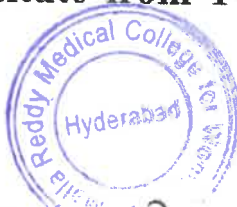

I year MBBS, bearing roll no: 1901020009, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.


Coordinator


Principal / Dean
Malla Reddy Medical College for Women



Principal/Dean

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Certificate of Completion


This to certify that Mr/Ms. Aparna Musunuru of

I year MBBS, bearing roll no: 1901020010, has Successfully completed the Value

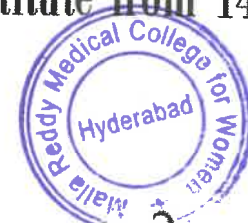
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.


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Principal / Dean
Malla Reddy Medical College for Women


Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Ashmitha Mishra of



I year MBBS, bearing roll no: 1901020011, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.


Coordinator


Principal / Dean
Malla Reddy Medical College for Women



Principal/Dean

WVAC-19/20-01

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Certificate of Completion

This to certify that Mr/Ms. Ayesha Begum of

I year MBBS, bearing roll no: 1901020012, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.


Coordinator


Principal / Dean
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Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Ayesha Firdous of



I year MBBS, bearing roll no: 1901020013, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.


Coordinator


Principal / Dean
Malla Reddy Medical College for Women



Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. B Sree Gayathri of

I year MBBS, bearing roll no: 1901020014, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.

[Signature]
Coordinator

[Signature]
Principal / Dean
Malla Reddy Medical College for Women

[Signature]
Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. **Bandari Madhu Priya** of
I year MBBS, bearing roll no: **1901020015**, has Successfully completed the Value
added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 14th May to 16th
May 2020.


Coordinator


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Certificate of Completion

This to certify that Mr/Ms. **Bandi Uma Sravani** _____ of

I year MBBS, bearing roll no: **1901020016** _____, has Successfully completed the Value added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 14th May to 16th May 2020.


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Principal / Dean
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Certificate of Completion

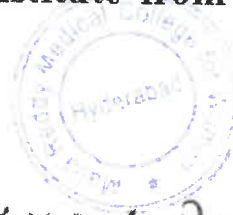
This to certify that Mr/Ms. **Banoth Snehalatha** _____ of

I year MBBS, bearing roll no: **1901020017**, has Successfully completed the Value added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 14th May to 16th May 2020.

Dall
Coordinator

S. Snehalatha
Principal / Dean
Malla Reddy Medical College for Women

K. N. Sude Ramesh
Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Basa Srilekha of

I year MBBS, bearing roll no: 1901020018, has Successfully completed the Value added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th May 2020.


Coordinator


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Malla Reddy Medical College for Women



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Certificate of Completion

This to certify that Mr/Ms. Bathula Niharika of
I year MBBS, bearing roll no: 1901020019, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.


Coordinator


Principal / Dean
Malla Reddy Medical College for Women


Principal/Dean



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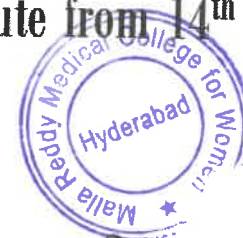
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Certificate of Completion

This to certify that Mr/Ms. Bellala Venkata Sai Harshitha of
I year MBBS, bearing roll no: 1901020020, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.



Dall
Coordinator

Shulana
Principal / Dean
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K. N. Susha Ravana
Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. Bhavana Koka of
I year MBBS, bearing roll no: 1901020021, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.


Coordinator


Principal / Dean
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Certificate of Completion

This to certify that Mr/Ms. **Bhavani Desai** _____ of

I year MBBS, bearing roll no: **1901020022** _____, has Successfully completed the Value

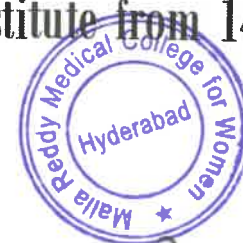
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.


Coordinator


Principal / Dean
Malla Reddy Medical College for Women


Principal/Dean



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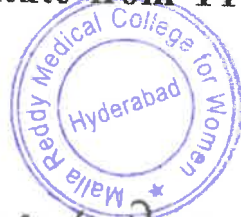


Certificate of Completion

This to certify that Mr/Ms. Bhimanapati Navya Reddy of
I year MBBS, bearing roll no: 1901020023, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.

Dall
Coordinator

P. Gellanka
Principal / Dean
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K. N. Susha Ramesh
Principal/Dean


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Certificate of Completion

This to certify that Mr/Ms. Boddu Sai Harshini of
I year MBBS, bearing roll no: 1901020024, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.


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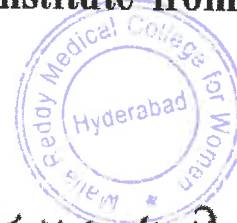
Certificate of Completion

This to certify that Mr/Ms. Bollimunthala V R Harsha Vardhini of
I year MBBS, bearing roll no: 1901020025, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.

[Handwritten Signature]
Coordinator

[Handwritten Signature]
Principal / Dean
Malla Reddy Medical College for Women

[Handwritten Signature]
Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. **Bollu Shireesha** of
I year MBBS, bearing roll no: **1901020026**, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.


Coordinator


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Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Borra Niharika of



I year MBBS, bearing roll no: 1901020027, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

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Certificate of Completion

This to certify that Mr/Ms. Bosukunda Srivenya of
I year MBBS, bearing roll no: 1901020028, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. **Botta Sindu Priya** _____ of
I year MBBS, bearing roll no: **1901020029** _____, has Successfully completed the Value
added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 14th May to 16th
May 2020.

[Handwritten Signature]
Coordinator

[Handwritten Signature]
Principal / Dean
Malla Reddy Medical College for Women
Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. C Yuktha of

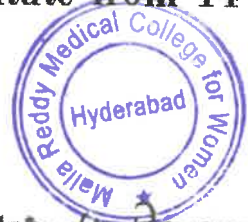

I year MBBS, bearing roll no: 1901020030, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

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Coordinator


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Certificate of Completion

This to certify that Mr/Ms. Challa Samskruthi of
I year MBBS, bearing roll no: 1901020031, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.

Dall
Coordinator

Shulama
Principal / Dean
Malla Reddy Medical College for Women


K. N. Susha Ramesh
Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. Chenna GouniYeshasri of

I year MBBS, bearing roll no: 1901020032, has Successfully completed the Value

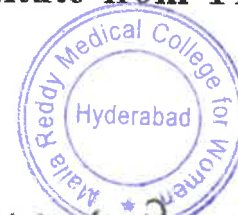
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.

Dull
Coordinator

Shreelaha
Principal / Dean
Malla Reddy Medical College for Women

K. N. S. Rama
Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Chittaluri Madhurima of
I year MBBS, bearing roll no: 1901020033, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.

[Signature]
Coordinator

[Signature]
Principal / Dean
Malla Reddy Medical College for Women

[Signature]
Principal/Dean



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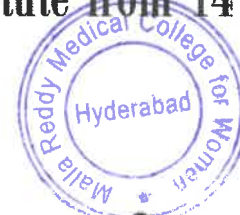
Certificate of Completion

This to certify that Mr/Ms. Chourat Vaishnavi of
I year MBBS, bearing roll no: 1901020034, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Coordinator


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Principal/Dean



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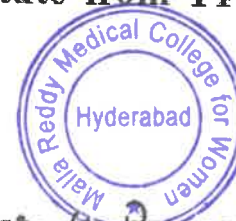
Certificate of Completion

This to certify that Mr/Ms. Darishetty Sonali of
I year MBBS, bearing roll no: 1901020035, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. Dasari Sahithya of

I year MBBS, bearing roll no: 1901020036, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.


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Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Degala Sravya _____ of

I year MBBS, bearing roll no: 1901020037, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.



D.M.W.
Coordinator

Shreelakshmi
Principal / Dean
Malla Reddy Medical College for Women

K.N. Sudeha Ramesh
Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. Dhagay Meghana of
I year MBBS, bearing roll no: 1901020038, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.

Dull
Coordinator

S. Sreelatha
Principal / Dean
Malla Reddy Medical College for Women

K. N. Susha Ramesh
Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Dhulipalla Sunayana of



I year MBBS, bearing roll no: 1901020039, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.


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Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. **Dubba Kalpana** _____ of
I year MBBS, bearing roll no: **1901020040** _____, has Successfully completed the Value
added Course – **“YOGA AND HEALTH”**, conducted, in the institute from **14th May to 16th**
May 2020.



D. V. S. Reddy
Coordinator

S. Praveena
Principal / Dean
Malla Reddy Medical College for Women

K. N. Susha Ramesh
Principal/Dean

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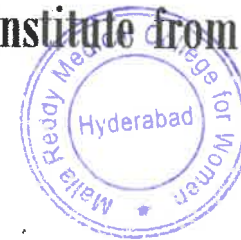
Certificate of Completion

This to certify that Mr/Ms. **E Ragini Shakya Reddy** _____ of
I year MBBS, bearing roll no: **1901020041**, has Successfully completed the Value
added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 14th May to 16th
May 2020.


Coordinator


Principal / Dean
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Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Erukulla Siri of
I year MBBS, bearing roll no: 1901020042, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.

[Signature]
Coordinator

[Signature]
Principal / Dean
Malla Reddy Medical College for Women

[Signature]
Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. G Divya of



I year MBBS, bearing roll no: 1901020043, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

May 2020.


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Certificate of Completion

This to certify that Mr/Ms. **G Keerthana** _____ of

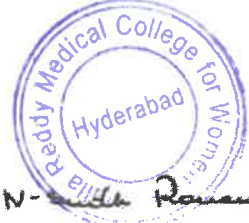

I year MBBS, bearing roll no: **1901020044** _____, has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 14th May to 16th

May 2020.


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Certificate of Completion

This to certify that Mr/Ms. **G Siri Priya** _____ of
I year MBBS, bearing roll no: **1901020045**, has Successfully completed the Value
added Course – **“YOGA AND HEALTH”**, conducted, in the institute from **14th May to 16th**
May 2020.


Coordinator


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Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. **G Varshini** _____ of
I year MBBS, bearing roll no: **1901020046**, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.


Coordinator


Principal / Dean
Malla Reddy Medical College for Women


Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Gaddam Tanishqua of
I year MBBS, bearing roll no: 1901020047, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
May 2020.


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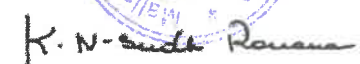


Certificate of Completion

This to certify that Mr/Ms. Gaini Sri Harshitha of
I year MBBS, bearing roll no: 1901020048, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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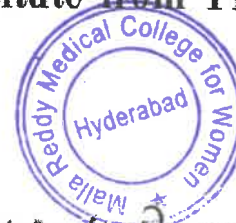
Certificate of Completion

This to certify that Mr/Ms. Gajanand Harshitha of
I year MBBS, bearing roll no: 1901020049, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. Gampa Pooja of
I year MBBS, bearing roll no: 1901020050, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. Ganga Saadhvi of

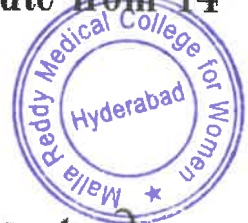

I year MBBS, bearing roll no: 1901020051, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

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Certificate of Completion

This to certify that Mr/Ms. Geethika Jetti of

I year MBBS, bearing roll no: 1901020052, has Successfully completed the Value


added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

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Certificate of Completion

This to certify that Mr/Ms. Godari Indraja of
I year MBBS, bearing roll no: 1901020053, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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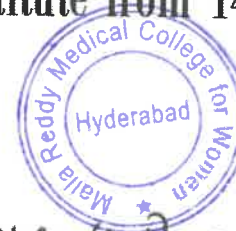
Certificate of Completion

This to certify that Mr/Ms. Gollena Deekshitha of
I year MBBS, bearing roll no: 1901020054, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. **Gontla Jayalakshmi Sravani** of
I year MBBS, bearing roll no: **1901020055**, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. Govindayapalli Laasya S Ram Mohan of
I year MBBS, bearing roll no: 1901020056, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. **Gowlikar Bhuvana** of
I year MBBS, bearing roll no: **1901020057**, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. **Gudala Esha Reddy** of

I year MBBS, bearing roll no: **1901020058**, has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 14th May to 16th

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[Signature]
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[Signature]
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Certificate of Completion

This to certify that Mr/Ms. Gudimetla Likitha Gowthami of
I year MBBS, bearing roll no: 1901020059, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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D. V. S. Reddy
Coordinator

S. H. Celalaha
Principal / Dean
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K. N. Sudeha Ramesh
Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. **Gundlakunta Pranavi** of

I year MBBS, bearing roll no: **1901020060**, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

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Dall
Coordinator

Shellama
- **Principal / Dean**
Malla Reddy Medical College for Women

K. N. Sudeha Ramesh
Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. **Gunti Neha** _____ of



I year MBBS, bearing roll no: **1901020061**, has Successfully completed the Value

added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 14th May to 16th

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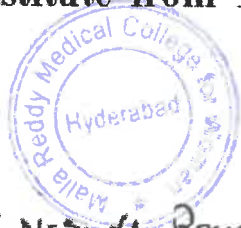
Certificate of Completion

This to certify that Mr/Ms. Hanushree Ghanta of
I year MBBS, bearing roll no: 1901020062, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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[Signature]
Coordinator

[Signature]
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Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Harshitha Sai Chowdary Garimalla of
I year MBBS, bearing roll no: 1901020063, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. **J Venkata Naga Sai Prathima Reddy** _____ of
I year MBBS, bearing roll no: **1901020064** _____, has Successfully completed the Value
added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 14th May to 16th
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Dall
Coordinator

S. Sreelatha
Principal / Dean
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K. N. Susha Ramesh
Principal/Dean

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Certificate of Completion

This to certify that Mr/Ms. Jannu Nikshiptha of
I year MBBS, bearing roll no: 1901020065, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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D. Allu
Coordinator

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Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Jharna Nagari of



I year MBBS, bearing roll no: 1901020066, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

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Certificate of Completion

This to certify that Mr/Ms. **K Sampada** _____ of



I year MBBS, bearing roll no: **1901020067** _____, has Successfully completed the Value

added Course – **“YOGA AND HEALTH”**, conducted, in the institute from 14th May to 16th

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Certificate of Completion

This to certify that Mr/Ms. **K Shiva Nandini** _____ of
I year MBBS, bearing roll no: **1901020068** _____, has Successfully completed the Value
added Course – “**YOGA AND HEALTH**”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. Kadasula Swetha of
I year MBBS, bearing roll no: 1901020069, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. Kadicharla Vadla Yashaswini of
I year MBBS, bearing roll no: 1901020070, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. KalichettiSrivarsha of

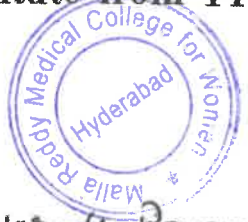

I year MBBS, bearing roll no: 1901020071, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

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Certificate of Completion

This to certify that Mr/Ms. Kalpana Lavudya of



I year MBBS, bearing roll no: 1901020072, has Successfully completed the Value

added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th

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Certificate of Completion

This to certify that Mr/Ms. Kammari Mamatha of
I year MBBS, bearing roll no: 1901020073, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Certificate of Completion

This to certify that Mr/Ms. Kancham Meghana of
I year MBBS, bearing roll no: 1901020074, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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Dill
Coordinator

Shalaka
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K. N. Sudee Ramesh
Principal/Dean



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Certificate of Completion

This to certify that Mr/Ms. Kancham Rajamatha Thanvi of
I year MBBS, bearing roll no: 1901020075, has Successfully completed the Value
added Course – “YOGA AND HEALTH”, conducted, in the institute from 14th May to 16th
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